

# Clinical DIABETES®

www.diabetes.org/clinicaldiabetes

VOLUME 37 | NUMBER 4 | FALL 2019



**Editor-in-Chief** Stephen A. Brunton, MD, FAAFP

## **Clinical Diabetes Mission Statement**

The mission of *Clinical Diabetes* is to provide primary care providers and all clinicians involved in the care of people with diabetes with information on advances and state-of-the-art care for people with diabetes. *Clinical Diabetes* is also a forum for discussing diabetes-related problems in practice, medical-legal issues, case studies, digests of recent research, and patient education materials.

## **ADA Mission Statement**

The mission of the American Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes.

*Clinical Diabetes* (Print ISSN 0891-8929, Online ISSN 1945-4953) is published every January, April, July, and October by the American Diabetes Association®, Inc., 2451 Crystal Drive, Suite 900, Arlington, VA 22202. For subscription information, call toll-free (800) 232-3472, 8:30 a.m. to 5:00 p.m. EST, Monday through Friday. Outside the U.S., call (703) 549-1500.

Claims for missing issues must be made within 6 months of publication. The publisher expects to supply missing issues free of charge only when losses have been sustained in transit and when the reserve stock permits.

Postmaster: Send change of address to *Clinical Diabetes* COA, 2451 Crystal Drive, Suite 900, Arlington, VA 22202.

©American Diabetes Association®, Inc., 2019. Printed in the USA.

## **Advertising Representatives**

### **American Diabetes Association**

Paul Nalbandian  
Associate Publisher,  
Advertising & Sponsorships  
pnalbandian@diabetes.org  
(703) 549-1500, ext. 4806

Tina Auletta  
Senior Account Executive  
tauletta@diabetes.org  
(703) 549-1500, ext. 4809

### **Pharmaceutical Digital**

The Walchli Tauber Group  
Maura Paoletti  
National Sales Manager  
Maura.Paoletti@wt-group.com  
(443) 512-8899, ext. 110

## **Deputy Editors**

Gayle M. Lorenzi, RN, CDE  
Doron Schneider, MD, FACP

## **Associate Editors**

Kelly Close, MBA  
Michael Heile, MD  
Davida F. Kruger, MSN, APN-BC, BC-ADM  
Louis Kuritzky, MD  
Lucia M. Novak, MSN, ANP-BC,  
BC-ADM, CDTC  
Mansur E. Shomali, MD, CM  
Jay Shubrook, DO, FAAFP, FACOFP  
John R. White, Jr., PA-C, PharmD  
Carol H. Wysham, MD

## **Editorial Board**

Christine Beebe, MS  
Carlos Campos, MD, MPH, CDE  
Robert J. Chilton, MD, FACC  
Nathaniel G. Clark, MD, MS, RD  
Jennifer D. Goldman, RPh, PharmD, CDE,  
BC-ADM, FCCP, Professor of Pharmacy  
Debbie Hinnen, APN, BC-ADM, CDE, FAAN  
Man Hung, PhD  
Eric L. Johnson, MD  
Vijay M. Kale, PhD, RPh  
David M. Kayne, MD, FACP, CDE  
Sandra Leal, PharmD, MPH, FAPhA, CDE  
Christian W. Mende, MD, FACP, FACN,  
FASN, FASH  
Eden M. Miller, DO  
Pablo F. Mora, MD, FACE, MSc, CDE  
William H. Polonsky, PhD, CDE  
Michael H. Shannon, MD  
Denise M. Small, RPh, PharmD, CDE, BCACP  
Steve E. Vacalis, DO  
Eugene E. Wright, Jr., MD



## **American Diabetes Association Staff**

Associate Publisher, Scholarly Journals  
Christian S. Kohler  
Director, Scholarly Journals  
Heather Norton Blackburn  
Associate Director, Scholarly Journals  
Keang Hok  
Managing Editor  
Debbie Kendall  
Peer Review Manager  
Joan Garrett  
Production Coordinator  
Saleha Malik  
Senior Advertising Manager  
Julie DeVoss Graff  
Director, Membership/Subscription Services  
Donald Crawl  
Senior Manager, Billing & Collections  
Josh Flores

## **American Diabetes Association Officers**

Chair of the Board  
David Herrick, MBA  
President, Health Care & Education  
Gretchen Youssef, MS, RD, CDE  
President, Medicine & Science  
Louis Philipson, MD, PhD, FACP  
Secretary/Treasurer  
Brian Bertha, JD, MBA  
Chair of the Board-Elect  
Umesh Verma  
President-Elect, Health Care & Education  
Mary de Groot, PhD  
President-Elect, Medicine & Science  
Robert H. Eckel, MD  
Secretary/Treasurer-Elect  
Martha Parry Clark, MBA  
Interim Chief Scientific,  
Medical & Mission Officer  
Kenneth Moritsugu, MD  
Chief Executive Officer  
Tracey D. Brown, MBA, BChE